REGISTERED BY ME ON

2021/11/12

REGISTRAR OF MEDICAL SCHEMES

ANNEXURE C 2022

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SUBJECT TO THE PROVISIONS OF THE SCHEME RULES, MEMBERS AND THEIR REGISTERED DEPENDANTS ARE ENTITLED TO THE FOLLOWING BENEFITS:

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
A	STATUTORY PRESCRIBED MINIMUM BENEFITS (PMBs)	100% of cost, but subject to PMB legislation.	Unlimited, but subject to PMB legislation.	 As provided for in Annexure G of the Rules. Prescribed Minimum Benefits ("PMBs") are not subject to the monetary benefit limits stated in this Annexure and shall be paid in full, where the diagnosis, treatment and care of a Prescribed Minimum Benefit Condition were obtained from: a Designated Service Provider ("DSP") for that condition;

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NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES			 a non-DSP, if no DSP for that condition exists; or a non-DSP involuntarily, as described in Regulation 8 (3) of the General Regulations promulgated under the Medical Schemes Act 131 of 1998 (as amended), subject to: Authorisation, managed care protocols, formulary and processes, as specified under B: In-Hospital Benefits and C: Out-of-Hospital Benefits; and The Act. This Rule supersedes all other



NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
				benefit provisions in this Annexure.
В	IN-HOSPITAL BENEFITS		No overall limit. Sub-limits as provided for.	
B1	Public Hospitals, Private Hospitals, Registered Unattached Theatres, Day Clinics and Psychiatric Facilities 1. Accommodation in a general ward, high care ward and intensive care unit;	100% of Scheme Rate, subject to PMBs.	Unlimited, but subject to PMB legislation.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Hospital authorisation for admission to a Private facility must be obtained from the Scheme's managed care provider at least 48 hours before a Beneficiary is
	2. Theatre fees;		REGISTERED BY ME ON	admitted to a Private facility
	Medicines, materials and hospital equipment		2021/11/12	(except in the event of an Emergency Medical Condition),
	(includes bone cement for		REGISTRAR OF MEDICAL SCHEMES	failing which, a co-payment of

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
NO	prostheses); and 4. Neonatal care. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	% BENEFIT/TARIFF	LIMITS	R1 000 per admission shall apply. In the event of an admission to a Private facility for an Emergency Medical Condition, the Scheme must be notified of such admission within one (1) working day after the admission, failing which, a copayment of R1 000 per admission shall apply. Accommodation in a private ward is subject to motivation by
				 attending practitioner and Scheme's managed care protocols. All In-Hospital treatment and services are subject to hospital authorisation (for Private

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
				facilities only, and inclusive of non-PMB one-day admissions), managed care protocols and processes.
B2	Maternity Hospital, home birth or registered birthing unit. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of cost, but subject to PMB legislation.	Unlimited, but subject to PMB legislation.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to managed care protocols and processes. Hospital authorisation for admission to a Private facility must be obtained from the Scheme's managed care service provider at least 48 hours before a Beneficiary is admitted to a Private facility (except in the event of an Emergency Medical Condition), failing which, a co-payment of



NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES			R1 000 per admission shall apply. In the event of an admission to a Private facility for an Emergency Medical Condition, the Scheme must be notified of such admission within one (1) working day after the admission, failing which, the co-payment of R1 000 per admission shall apply. Elective Caesarean Sections may be subjected to second opinion and managed care protocols. Benefit includes midwife services.
				Includes non-invasive prenatal



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				testing for high-risk pregnancies, subject to pre- authorisation.
В3	Family Practitioner Services	100% of Scheme	Unlimited.	All limits are subject to A:
	Consultations and visits.	Rate for non-Network Family Practitioners. 130% of Scheme Rate for Network Family Practitioners.	Reimbursement according to the Scheme-approved tariff file.	Statutory Prescribed Minimum Benefits ("PMBs").
B4	Specialist Services Consultations and visits. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of Scheme Rate for non-Network Specialists. 130% of Scheme Rate for Network Specialists.	Unlimited. Reimbursement as per Scheme-approved tariff file.	All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs").
B5	Surgical Procedures Including Maxillofacial	100% of Scheme Rate.	Unlimited. Refer to Annexure E of	All limits are subject to A: Statutory Prescribed Minimum

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NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	200% of Scheme Rate for procedures specified by managed care, performed in doctor's rooms instead of in hospital.	the GEMS Rules.	Benefits ("PMBs"). Subject to hospital preauthorisation, managed care protocols and processes. Includes hospital procedures performed in doctor's rooms, as approved by the Scheme. Excludes Osseo-integrated Implants, all implant-related procedures and Orthognathic Surgery.
B6	Dentistry Conservative, restorative and specialized dentistry.	100% of Scheme Rate.	Professional fees, subject to shared limit with C3: Dental Services of R10 554 per Beneficiary per annum. Hospital cost included	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Only applicable to Beneficiaries under the age of six (6) years, severe trauma and impacted third molars.



NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES		in hospital benefit (B1). Refer to Annexure E (Exclusions and Limitations) of GEMS Rules.	 Lingual and labial frenectomies under general anaesthesia for Beneficiaries under the age of eight (8) years, subject to managed healthcare programme and preauthorisation. Subject to hospital preauthorisation, managed care protocols and processes, list of approved services, and use of Day Theatres. General anaesthesia and conscious sedation for dentistry, subject to preauthorisation and managed care protocols and processes. Services classified as conservative, restorative and

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
				specialised per tariff code.
В7	Basic Radiology X-rays and soft tissue ultrasound scans.	100% of Scheme Rate.	Unlimited.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to managed care protocols and processes.
B8	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of Scheme Rate, subject to PMBs.	Shared limit with C5: Advanced Radiology of R31 826 per family per annum.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to Advanced Radiology authorisation (in addition to hospital pre-authorisation) for Angiography, CT scans, MDCT, Coronary Angiography, MUGA scans, PET scans, MRI scans and Radio-isotope studies. Subject to managed care

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
				protocols and processes.
B9	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of Scheme Rate.	Unlimited.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to managed care protocols and processes, and pathology tests being related to admission diagnosis.
B10	Blood Services	100% of Scheme Rate, subject to PMBs.	Unlimited, but subject to PMB legislation.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to managed care protocols and processes. Includes cost of blood, blood equivalents, blood products and the transport thereof. Includes erythropoietin.



NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
B11	Physiotherapy	100% of Scheme Rate, subject to PMBs.	Limited to R5 722 per Beneficiary per annum.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to pre-authorisation, managed care protocols and processes, and services being related to admission diagnosis
B12	Post Hip, Knee and Shoulder Replacement or Revision Surgery Physiotherapy REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of Scheme Rate.	Limited to 10 post- surgery physiotherapy visits (shared with C1.9: Post Hip, Knee and Shoulder Replacement or Revision Surgery Physiotherapy) up to a limit of R6 039 per Beneficiary per event, utilised within sixty (60) days of surgery	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to pre-authorisation, and managed care protocols and processes.

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
B13	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of Scheme Rate, subject to PMBs.	Limit of R707 210 per Beneficiary per annum. Sub-limit of R24 007 per Beneficiary per annum for corneal grafts (imported corneal grafts, subject to managed care protocols.).	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to hospital preauthorisation, managed care protocols and processes, and use of facility as per B1. Limit includes all costs associated with the transplant, including materials and immunosuppressants. Authorised erythropoietin is included in limits listed in B10: Blood Services. Organ harvesting is limited to the Republic of South Africa, except for cornea tissue.
B14	Prostheses	100% of Scheme	Subject to:	All limits are subject to A:

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	This benefit covers temporary	Rate, subject to	Shared limit with	Statutory Prescribed Minimum
	and permanent prostheses	PMBs.	C7: Medical and	Benefits ("PMBs").
	and internal devices		Surgical Appliances	Subject to managed care
	(surgically implanted), and		and Prostheses of	protocols and processes.
	accompanying temporary or		R65 006 per family	
	permanent devices used to		per annum for	Scheme may obtain
	assist with the guidance,		Medical and	competitive quotes or arrange supply of prosthesis.
	alignment or delivery of these		Surgical Appliances	supply of prostriesis.
	prostheses and internal		and Prostheses	Bone cement paid from B1,
	devices.		generally, plus R65	subject to hospital pre-
			006 per family per	authorisation.
			annum for Joint	Foot orthotics and prosthetics,
			Revisions only; and	subject to formulary, managed
			Shared sub-limits	care protocols and processes.
	REGISTERED BY ME ON		with C7: Medical	Subject to the prostheses
	2021/11/12		and Surgical	and/or device(s) being related
	2021/11/12		Appliances and	to the admission diagnosis and
	REGISTRAR OF MEDICAL SCHEMES		Prostheses of:	procedure.
			o R5 285 per	Once the limit is depleted, the

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
NO	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	% BENEFIT/TARIFF	Beneficiary per annum for foot orthotics and prosthetics, with a sub-limit of R1 510 per Beneficiary per annum for orthotic shoes, foot inserts and levellers; o R601 for crutches per Beneficiary per annum; o One (1) wheelchair of up to R6 615 per Beneficiary every twenty four (24)	benefit is unlimited for PMBs.
			months of month of receipt of wheelchair;	

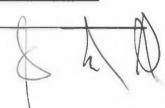
NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES		o One (1) unilateral hearing aid, or one (1) pair of bilateral hearing aids, of up to R9 622 per hearing aid per Beneficiary every thirty six (36) months of month of receipt of hearing aid(s); o One (1) CPAP device of up to R11 426 per Beneficiary every thirty six (36) months of month of receipt of device; o Three (3) pairs of	
			compression	

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
			stockings of up to R500 per pair per Beneficiary per annum; and One (1) Pulse Oximeter of up to R400 per Family per annum.	
B15	Emergency Services (Casualty Department) REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of cost, but subject to PMB legislation.	Limited to PMBs (Emergency Medical Condition, as defined in Section 4 of the main body and Annexure G of the GEMS Rules.).	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to use of facility as per B1, or other registered emergency facility. Subject to hospital authorisation, managed care protocols and processes. Cost to be defrayed from C1.1:



NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
				Family Practitioner (FP) Services, for non-PMB and unauthorised events.
B16	Renal Dialysis In-Hospital REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of Scheme Rate, subject to PMBs.	Limit of R303 083 per Beneficiary per annum for chronic dialysis. Acute dialysis included in B1.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to hospital preauthorisation, managed care protocols and processes, and use of facility as per B1. Includes related materials, and related pathology and radiology tests, but subject to managed care protocols and processes. Erythropoietin included in B10: Blood Services. Once the limit is depleted, the

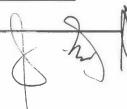
NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
				benefit is unlimited for PMBs.
B17	Oncology (Chemo and Radiotherapy) In- and Out-of-Hospital REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of Scheme Rate, subject to PMBs.	Limit of R556 937 per family per annum. Sub-limit of R376 434 per family for biological and similar specialised medicines.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to Oncology preauthorisation, managed care protocols and processes. Subject to Medicine Price List (MPL). Subject to use of facility as per B1, or a registered alternative. Includes cost of pathology, related basic/advanced radiology, medical technologists, oncology medicines and materials. Erythropoietin included in B10:



NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES			Blood Services. Once the limit is depleted, the benefit is unlimited for PMBs. Excludes new chemotherapeutic medicines that have not convincingly demonstrated a survival advantage of more than three (3) months in advanced or metastatic solid organ malignant tumours, unless preauthorised in accordance with paragraph 9.1.13.6 of Annexure E (Exclusions and Limitations) of GEMS Rules.
B18	Mental Health Accommodation, theatre fees, medicine, hospital equipment, and professional fees of	100% of Scheme Rate, subject to PMBs.	Subject to: Limit of R44 552 per family per annum;	All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs").

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	Family Practitioners, Psychiatrists, and Psychologists. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES		 Shared sub-limit with C1.10: Mental Health of R2 468 per family per annum for services by Educational and Industrial Psychologists; and Limit of one (1) individual Psychologist consultation and one (1) group Psychologist consultation per day. 	 Subject to hospital preauthorisation, managed care protocols and processes. Subject to use of facility as per B1, or a registered alternative. Maximum of three (3) days hospitalisation by a Family Practitioner.
B19	Alternatives to Hospitalisation			All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs").

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	Sub-acute Hospitals, Physical Rehabilitation and Private Nursing. Hospice. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	 1. 100% of Scheme Rate, subject to PMBs. 2. 100% of cost, but subject to PMB legislation. 	 Unlimited, subject to PMB legislation. Unlimited, but subject to PMB legislation. 	 Subject to pre-authorisation of alternative facility and services, and managed care protocols and processes. Includes home nursing, but subject to managed care protocols and processes. Excludes Frail Care and recuperative holidays. Refer to Annexure E (Exclusions and Limitations) of GEMS Rules.
B20	Medical Technologists	100% of Scheme Rate, subject to PMBs.	Unlimited, subject to PMB legislation.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to hospital preauthorisation and case management.



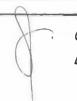
NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
				Includes materials.
B21	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of Scheme Rate, subject to PMBs.	Unlimited, subject to PMB legislation.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to pre-authorisation, managed care protocols and processes.
B22	Allied Health Services: Limited to Chiropractors, Homeopaths, Phytotherapists, Acupuncturists and Chinese Medicine Practitioners.	100% of Scheme Rate, subject to PMBs.	Shared limit as per C1: Day-to-Day Block Benefit.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to managed care protocols and processes, and services being related to admission diagnosis. Services performed in hospital, or in lieu of hospitalisation, shall be paid from B1, subject to pre-authorisation, managed

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
				care protocols and processes.
B23	Other Professional Health Services Including Dieticians, Podiatrists, Social Workers, Registered Counsellors and Orthoptists. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of Scheme Rate, subject to PMBs.	Shared limit as per C1: Day-to-Day Block Benefit; and Sub-limit of R1 416 per family per annum for Social Workers and Registered Counsellors, shared between B23: Other Professional Health Services and C1.7: Other Professional Health Services.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Services performed in hospital, or in lieu of hospitalisation, shall be paid from B1, subject to pre-authorisation, managed care protocols and processes. Subject to managed care protocols and processes, and services being related to admission diagnosis.
B24	Alcohol and Drug Dependencies	100% of cost, but subject to PMB legislation.	Limited to PMBs.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to pre-authorisation of

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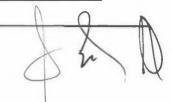
NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES			DSP facility, managed care protocols and processes, and use of DSP facility as per Annexure G (Prescribed Minimum Benefits) of the GEMS Rules.
С	OUT-OF-HOSPITAL BENEFITS			
C1	Day-to-Day Block Benefit 1. Family Practitioner Services; 2. Specialist Services; 3. Basic Radiology; 4. Pathology; 5. Allied Health Services; 6. Other Professional Health Services;	100% of Scheme Rate.	Limit of R22 268 per family, and R11 133 per Beneficiary, per annum, shared between B22: Allied Health Services, B23: Other Professional Heath Services, C1.1 and C1.3 – C1.12.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Benefit is pro-rated from date of admission of Beneficiary to end of financial year.

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	7. Physiotherapy;			
	8. Occupational Therapy;		·	
	9. Speech Therapy;			
	10. Post Hip, Knee and			REGISTERED BY ME ON
	Shoulder Replacement or			
	Revision Physiotherapy;			2021/11/12
	11. Mental Health;			REGISTRAR OF MEDICAL SCHEMES
	12. Maternity (where not			
	covered under C2:			
	Maternity Programme);			
	and			
	13. Female Contraceptives.			
C1.1	Family Practitioner (FP)	100% of Scheme	Shared limit as per C1:	All limits are subject to A:
	Services	Rate for non-Network	Day-to-Day Block	Statutory Prescribed Minimum
	Consultations, visits and all	Family Practitioners.	Benefit.	Benefits ("PMBs").
	other Family Practitioner	130% of Scheme		Benefit covers consultations,
	services not specifically	Rate for Network		visits and approved minor



NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	provided for otherwise in this Annexure REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	Family Practitioners. Reimbursement at 200% of Scheme Rate for procedures specified by managed care, performed in doctors' rooms instead of in hospital.		procedures at Family Practitioners, subject to medical necessity and managed care protocols and processes. Limit is pro-rated from date of admission of Member to end of financial year.
C1.2	Family Practitioner Network Extender Benefit for Beneficiaries with chronic conditions registered on Disease Management Programme.	100% of Scheme Rate, subject to PMBs.	Payable from Risk. One (1) additional Family Practitioner consultation at DSP/Network provider, once Block Benefit is exhausted.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). The additional Family Practitioner consultation at a DSP/Network provider is subject to pre-authorisation, managed care protocols and processes.
C1.3	Specialist Services	100% of Scheme	Shared limit as per C1:	All limits are subject to A:

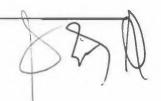
NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	Consultations, visits and all other Specialist services not specifically provided for otherwise in this Annexure.	Rate for non-Network Specialists. 130% of Scheme Rate for Network Specialists. 200% of Scheme Rate for procedures specified by managed care, performed in doctors' rooms instead of in hospital. Reimbursement at 200% of Scheme Rate for cataract procedures, performed by Ophthalmologists in their rooms.	Day-to-Day Block Benefit.	Statutory Prescribed Minimum Benefits ("PMBs"). Limit is pro-rated from date of admission of Member to end of financial year. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES



NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
C1.4	Basic Radiology X-rays and soft tissue ultrasound scans. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of Scheme Rate.	Shared limit as per C1: Day-to-Day Block Benefit.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Includes 2 x 2D ultrasound scans per pregnancy provided for by C2: Maternity Programme. Alternatively, should any such 2D scan be substituted with a 3D/4D scan, such 3D/4D scan shall be funded up to the cost of a 2D scan.
C1.5	Pathology and Medical Technology	100% of Scheme Rate.	Shared limit as per C1: Day-to-Day Block Benefit.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to managed care protocols and processes. Includes liquid-based cytology

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
				pap smears.
C1.6	Allied Health Services: Limited to Chiropractors, Homeopaths, Phytotherapists, Acupuncturists and Chinese Medicine Practitioners. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of Scheme Rate.	Shared limit as per C1: Day-to-Day Block Benefit.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Includes medicines prescribed by the Allied Health professionals listed in this C1.6: Allied Health Services. Services performed in hospital, or in lieu of hospitalisation, shall be paid from B1, subject to pre-authorisation, managed care protocols and processes.
C1.7	Other Professional Health Services Including Dieticians, Podiatrists, Social Workers, Registered Counsellors and	100% of Scheme Rate.	Shared limit as per C1: Day-to-Day Block Benefit; and Sub-limit of R1 416 per family per annum for	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Includes medicines prescribed by the health professionals

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	Orthoptists. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES		Social Workers and Registered Counsellors, shared between B23: Other Professional Health Services and C1.7: Other Professional Health Services.	 listed under this C1.7: Other Professional Health Services. Services performed in hospital, or in lieu of hospitalisation, shall be paid from B1, subject to pre-authorisation, managed care protocols and processes.
C1.8	Physiotherapy, Occupational Therapy and Speech Therapy	100% of Scheme Rate.	Shared limit as per C1: Day-to-Day Block Benefit.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Physiotherapy, Occupational Therapy and Speech Therapy performed In-Hospital, or in lieu of hospitalisation, shall be paid from B1, subject to managed care protocols and processes.



NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
C1.9	Post Hip, Knee and	100% of Scheme	Shared limit as per C1:	All limits are subject to A:
	Shoulder Replacement or	Rate.	Day-to-Day Block	Statutory Prescribed Minimum
	Revision Physiotherapy		Benefit.	Benefits ("PMBs").
	REGISTERED BY ME ON		Limited to 10 post-	Subject to hospital pre-
	REGISTERED BY ME ON		surgery physiotherapy	authorisation and managed
	2021/11/12		visits (shared with B12:	care protocols and processes.
			Post Hip, Knee and	
	REGISTRAR OF MEDICAL SCHEMES		Shoulder Replacement	
			or Revision Surgery	
			Physiotherapy) up to a	
			limit of R6 039 per	
			Beneficiary per event,	
			utilised within sixty (60)	
			days of surgery.	
C1.10	Mental Health	100% of Scheme	Subject to:	All limits are subject to A:
	Consultations, assessments,	Rate, subject to	Shared limit as per	Statutory Prescribed Minimum
	treatment and counselling by	PMBs.	C1: Day-to-Day	Benefits ("PMBs").
	Family Practitioners,		Block Benefit;	Subject to managed care
	Psychiatrists and			- Jasjoot to managed out
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NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	Psychologists. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES		 Shared sub-limit with B18: Mental Health of R2 468 per family per annum for services by Educational and Industrial Psychologists; and Limit of one (1) individual Psychologist consultation and one (1) group Psychologist consultation per day. 	protocols and processes. If Out-of-Hospital treatment is offered as alternative to hospitalisation, In-Hospital benefits (B1) shall apply.
C1.11	Maternity Ante- and post-natal care	100% of Scheme Rate.	Shared limit as per C1: Day-to-Day Block Benefit.	All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs").

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
			Ante-natal visits, where not accessed under Maternity Programme.	 Includes non-invasive prenatal testing for high-risk pregnancies, subject to pre- authorisation.
C1.12	Female Contraceptives: Oral, insertables, injectables and dermal.	100% of Scheme Rate.	Shared limit as per C1: Day-to-Day Block Benefit. Sublimit of R4 036 per family per annum.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to managed care protocols, formulary and processes.
C2	Maternity Programme Ante- and post-natal care. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of Scheme Rate, but subject to Maternity Programme Protocols.	Paid from Risk, but limited to Maternity Programme Benefits.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to registration on Maternity Programme, and managed care protocols and processes. If not registered on Maternity

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES			Programme, C1.11: Maternity shall apply. Includes: Benefits defined in managed care protocols. 2 x 2D ultrasounds per pregnancy. Alternatively, should any such 2D scan be substituted with a 3D/4D scan, such 3D/4D scan shall be funded up to the cost of a 2D scan. Non-invasive prenatal testing for high-risk pregnancies, subject to preauthorisation.
C3	Dental Services Conservative and Restorative	100% of Scheme Rate.	Shared limit with B6: Dentistry of R10 554	All limits are subject to A: Statutory Prescribed Minimum

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	Dentistry (includes plastic dentures); and Special Dentistry (includes metal-base dentures). REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	200% of Scheme Rate for treatment of bony impactions of third molars under conscious sedation in doctor's rooms.	per Beneficiary per annum. Panoramic x-rays limited to one (1) x-ray every three (3) years per Beneficiary. Bitewing x-rays limited to four (4) per Beneficiary per annum. Refer to Annexure E (Exclusions and Limitations) of the GEMS Rules.	 Benefits ("PMBs"). General anaesthesia and conscious sedation for dentistry, subject to preauthorisation, managed care protocols and processes. Only applicable to Beneficiaries under the age of six (6) years, severe trauma and impacted third molars. In respect of Conservative and Restorative Dentistry: Panoramic and Bitewing x-rays included. In respect of Special Dentistry: No pre-authorisation required for metal-base dentures.

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
				 Subject to managed care protocols and processes. Dental services classified as conservative, restorative and specialised per tariff code.
C4	Prescribed Medication and Injection Material REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES			 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Prescribed, administered and dispensed by healthcare professionals, legally entitled to do so. Subject to Medicine Price List (MPL) and Medicine Exclusion List (MEL). Subject to Annexure E (Exclusions and Limitations) of GEMS Rules.

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NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	1. Acute Medical Conditions. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	1. 100% of Scheme Rate.	1. Limit of R20 034 per family, and R7 153 per Beneficiary, per annum, and sublimit of R633 per family per annum for homeopathic medicine. 1. Limit of R20 034 per family, and R7 153 per annum for R633 per family per annum for homeopathic medicine.	 Subject to the following: Managed care protocols, formulary and processes. Prescription by a healthcare professional, legally entitled to do so. A 30% co-payment shall apply to voluntary use of Out-of-Formulary medicine, where Formulary exists. Benefit includes prescribed maternity vitamin supplements.
	2. Chronic Medical Conditions listed in DTP PMB, DTP CDL and Annexure D of the GEMS Rules	2. 100% of Scheme Rate, subject to PMBs.	2. Unlimited for PMB chronic conditions listed in PMB DTP and PMB CDL, but subject to PMB legislation. Limit of R44 552 per	 Subject to the following: Prior application and approval, Formulary, Medicine Price List, managed care protocols and processes, and prescription by a healthcare professional,

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	DECISIONES SULLE CUI		family, and R21 736	legally entitled to do so.
	REGISTERED BY ME ON		per Beneficiary, per	Medicine for chronic conditions
	2021/11/12		annum for non-PMB	listed in PMB DTP, PMB CDL
	2021/11/12		chronic conditions	and Annexure D of the GEMS
	REGISTRAR OF MEDICAL SCHEMES		listed in Annexure D	Rules, subject to use of
			of the GEMS Rules.	Chronic Medicine Pharmacy
			No benefit for non-	DSP.
			PMB chronic	A 30% co-payment shall apply
			conditions not listed	for voluntary use of Out-of-
			in Annexure D of	Formulary medicine and
			the GEMS Rules.	voluntary use of non-Chronic
				Medicine Pharmacy DSP, as
				provided for in Annexure G
				(Prescribed Minimum Benefits)
				of the GEMS Rules.
				Chronic Medical Conditions
				listed in PMB DTP, PMB CDL
				and Annexure D of the GEMS
				Rules, shall be paid from limit
				for non-PMB chronic conditions

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES 3. Self-Medication: Over-the-Counter (OTC) Medicine.	3. 100% of Scheme Rate.	3. Subject to acute medicine benefit limit (C4.1), event limit of R356 per Beneficiary, annual Beneficiary limit of R1 304, and a limit of R2 159 per family per annum.	listed in Annexure D of the GEMS Rules. However, once limit is exhausted, benefit shall be unlimited for PMBs, but subject to PMB legislation. Includes benefit for life threatening allergies, payable from Risk, and subject to managed care protocols, formulary and processes. Subject to the following: Managed care protocols, Formulary and processes. Only SAHPRA-registered schedule 0, 1 and 2 medicines payable from the OTC benefit.

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	4. Prescribed medication	4. 100% of Scheme	4. Shared limit with	4. Subject to the following:
	from hospital stay (TTO).	Rate.	acute medication	TTO limited to seven (7) days.
			benefit limit (C4.1).	
	REGISTERED BY ME ON		Payable from Risk,	
			once acute	
	2021/11/12		medication benefit	
	DECICTOAD OF MEDICAL SCHEMES		limit (C4.1) is	
	REGISTRAR OF MEDICAL SCHEMES		exhausted.	
C5	Advanced Radiology	100% of Scheme	Shared limit with B8:	All limits are subject to A:
		Rate, subject to	Advanced Radiology of	Statutory Prescribed Minimum
		PMBs.	R31 826 per family per	Benefits ("PMBs").
			annum.	Subject to Advanced Radiology
				pre-authorisation, managed
				care protocols and processes.
				Specific authorisation is
				required for Angiography, CT
				scans, MDCT, Coronary
				Angiography, MUGA scans,
				PET scans, MRI scans and

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
				Radio-isotope studies.
C6	1. Eye examinations; 2. Frames, lenses and contact lenses (permanent and disposable); and 3. Refractive eye surgery. REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	100% of Scheme Rate.	Limited to R6 030 per family per financial year, starting on 01 January and ending on 31 December of the same year ("Family Financial Cycle"). Further limited to R3 137 per Beneficiary for every two (2) financial years, calculated from 01 January of the year within which any Optical Service was first rendered to the affected Beneficiary following the end of such previous two (2)	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). All Optical services included in benefit. Subject to the Optical Managed Care protocols and processes. Optical benefit is not pro-rated irrespective of date of Beneficiary registration. Includes tinted lenses, up to a tint of 35%, for albinism and proven photophobia, subject to pre-authorisation. Excludes variable tint and



NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES		year period (if any) ended on 31 December ("Beneficiary Financial Cycle"), subject to frames not exceeding R2 404. Limited to: One (1) eye examination per Beneficiary per twelve (12) month period, calculated from the month within which same was last rendered to the affected Beneficiary ("Eye Examination Cycle"); and	photochromic lenses. Refer to Annexure E (Exclusions and Limitations) of the GEMS Rules for Optometry Exclusions.

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
			One (1) frame and	
	REGISTERED BY ME ON		one (1) pair of	
			lenses per	
	2021/11/12		Beneficiary per	
	DECICEDAD OF MEDICAL COURAGE		twenty four (24)	
	REGISTRAR OF MEDICAL SCHEMES		month period,	
			calculated from the	
			month within which	
			same was last	
			rendered to the	
			affected Beneficiary	
			("Optical Appliance	
			Cycle").	
			Save for the financial	
			limits specified	
			hereinabove, no limit	
			shall apply to the	
			number of contact	
			lenses that may be	

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
			rendered to a Beneficiary.	
	REGISTERED BY ME ON 2021/11/12		Either spectacles or contact lenses shall be funded in an Optical Appliance Cycle, not both. Post-cataract surgery, Optical PMB entitlement shall be limited to the cost of a bifocal lens, not exceeding R1 276 for both lens and frame,	
	REGISTRAR OF MEDICAL SCHEMES		with a sublimit of R251 for the frame.	
C7	Medical and Surgical Appliances and Prostheses	100% of Scheme Rate, subject to	Subject to: Shared limit with	All limits are subject to A: Statutory Prescribed Minimum





NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
			orthotics and	
			prosthetics, with a	
			sub-limit of R1 510	
			per Beneficiary per	
			annum for orthotic	
			shoes, foot inserts	
			and levellers;	
			o R601 for crutches	
			per Beneficiary per	
			annum;	
			o One (1) wheelchair	
			of up to R6 615 per	
			Beneficiary every	
			twenty four (24)	
	REGISTERED BY ME ON		months of month of	
	REGISTERED BY WIE ON		receipt of	
	2021/11/12		wheelchair;	
			o One (1) unilateral	
	REGISTRAR OF MEDICAL SCHEMES		hearing aid, or one	

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
			(1) pair of bilateral	
			hearing aids, of up	REGISTERED BY ME ON
			to R9 622 per	
			hearing aid per	2021/11/12
			Beneficiary every	REGISTRAR OF MEDICAL SCHEMES
			thirty six (36)	
			months of month of	
			receipt of hearing	
			aid(s);	
			o One (1) CPAP	
			device of up to R11	
			426 per Beneficiary	
			every thirty six (36)	
			months of month of	
			receipt of device;	
			o Three (3) pairs of	
			compression	
			stockings of up to	
			R500 per pair per	

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
			Beneficiary per annum; and o One (1) Pulse Oximeter of up to R400 per Family per annum.	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES
C8	Renal Dialysis Out-of-Hospital	100% of cost, but subject to PMB legislation.	Limited to PMBs.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to Renal Dialysis preauthorisation, managed care protocols and processes. Subject to use of Renal Dialysis Network DSP; failing which, a co-payment of 30% per event shall apply in accordance with Network rules. Includes materials and related

NO	SERVICE/BENEFIT	% BENEFIT/TARIF	FLIMITS	CONDITIONS/REMARKS
				pathology tests.
C9	Screening Services Including: Cholesterol, Bone Density, Pap Smear, Prostate Specific Antigen, Glaucoma, TB, Syphilis, Chlamydia, Gonorrhoea, Infant Hearing, Childhood Hearing, Childhood Optometry, Glucose, Occult Blood, Thyrotropin (TSH) for Neonatal Hypothyroidism, Mammogram, and other screenings according to evidence-based standard practice.	100% of Scheme Rate.	Payable from Risk. All screenings are limited to one (1) of each per annum, unless otherwise indicated herein. REGISTERED BY ME ON 2021/11/12	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). All subject to managed care protocols and processes. Pap Smears include liquid-based cytology. Infant Hearing Screening for Child Dependants under the age of one (1) year. Childhood Hearing Screening for Child Dependants up to and including the age of seven (7) years. Neonatal Hypothyroidism screening test - TSH



NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
				 (Thyrotropin) - tariff 4507 only. Includes screening services provided in pharmacies.
C10	Preventative Care Services	100% of Scheme	Paid from Risk.	All limits are subject to A:
	Includes all vaccinations.	Rate.	Influenza Vaccinations: Limited to one (1) course per Beneficiary per annum. Pneumococcal Vaccinations: Limited to one (1) course per Beneficiary every five	Statutory Prescribed Minimum Benefits ("PMBs"). Subject to managed care protocols and processes. Includes preventative care services provided in pharmacies.
			(5) years for Beneficiaries at risk in accordance with	REGISTERED BY ME ON
			managed care protocols. HPV Vaccinations:	2021/11/12 REGISTRAR OF MEDICAL SCHEMES

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
C11	HIV Infection, Acquired Immune Deficiency Syndrome and Related Illness	100% of cost, but subject to PMB legislation.	Limited to one (1) course per female Beneficiary per lifetime. Other Vaccinations: Limited to R814 per Beneficiary per annum. Limited to PMBs.	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to managed care protocols and processes. Pre-exposure prophylaxis included for high-risk Beneficiaries, subject to managed care protocols and processes.
C12	Infertility	100% of cost, but subject to PMB	Limited to PMBs.	All limits are subject to A: Statutory Prescribed Minimum

NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES	legislation.		Benefits ("PMBs"). Subject to pre-authorisation of facility and service(s), managed care protocols and processes, and use of a DSP (i.e. State or Network) facility; failing which, the Scheme shall not be liable to fund the first R12 000 of the other facility's bill.
C13	Emergency Assistance (Road and Air)	100% of cost, but subject to PMB legislation.	Unlimited, but subject to PMB legislation.	 All limits are subject to A: Statutory Prescribed Minimum Benefits ("PMBs"). Subject to use of Emergency Medical Services DSP, and managed care protocols and processes.
C14	Circumcision	100% Scheme Rate.	Global fee of R1 709	All limits are subject to A:



NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES		per Beneficiary.	Statutory Prescribed Minimum Benefits ("PMBs"). Subject to pre-authorisation of facility and services, and managed care protocols and processes. Limit applies to: All related costs, e.g. consultations, medication etc.; and All post-op care within a month of procedure. In-Hospital benefits shall apply for circumcisions performed in hospitals, Day Clinics or doctors' rooms.
C15	Chronic Back and Neck	Negotiated Rate.	Paid from Risk, but limited to Chronic Back	All limits are subject to A: Statutory Prescribed Minimum

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NO	SERVICE/BENEFIT	% BENEFIT/TARIFF	LIMITS	CONDITIONS/REMARKS
	REGISTERED BY ME ON 2021/11/12 REGISTRAR OF MEDICAL SCHEMES		and Neck Rehabilitation Programme benefits.	Benefits ("PMBs"). Subject to registration on Chronic Back and Neck Rehabilitation Programme, and managed care protocols and processes. Out-of-Hospital benefits (excluding this benefit C15: Chronic Back and Neck Rehabilitation Programme) shall apply, if not registered on the Chronic Back and Neck Rehabilitation Programme.

Legend:		
Scheme Rate	See Rule 4.36 of the GEMS Rules.	



CDL	Chronic Disease List
Chronic DSP	Chronic Designated Service Provider. Subject to Annexure G of the GEMS Rules.
DTP	Diagnosis and Treatment Pairs as provided for in the Regulations to the Medical Schemes Act.
PDF	Professional Dispensing Fee
PMB	Prescribed Minimum Benefit
SEP	Single Exit Price
тто	Treatment Taken Out

Healthcare services or claims that do not meet the Scheme's (including its managed healthcare programmes') clinical protocol or billing requirements in accordance with Regulation 5 to the Medical Scheme Act 131 of 1998, shall be excluded, provided that such protocols are in accordance with internationally accepted evidence-based treatment guidelines and protocols.

REGISTERED BY ME ON

2021/11/12

REGISTRAR OF MEDICAL SCHEMES

