



We've made selecting your Benefit Option for 2025 so easy!

Follow these three (3) easy steps to **change your Benefit Option for 2025:**

1

Understand your options and benefits
Read through the 2025 benefit schedule and contribution table to understand the benefits and costs of each option.

2

Consider your needs
Carefully consider your healthcare needs and budget for the year ahead.

3

Make your choice
Decide if you should remain on the same option or need to change to a different option for 2025.

Have you decided to change your option for 2025?

Please let GEMS know via the following channels:



Option Selection Form

Complete the **"Make your choice for 2025"** form and ensure that all your details are correct. Send the completed form to any of the following:

Email: enquiries@gems.gov.za
Fax: 0861 00 4367
Post: GEMS, Private Bag x782, Cape Town 8000

Or hand it in at your nearest GEMS walk-in centre or to your Client Liaison Officer (CLO).



Online

- Visit www.gems.gov.za and sign into Member Portal (click on 'Login' on the right hand corner of your screen).
- Click the Option Selection icon under Navigate on the Menu to make your option change.



Cellphone

- Dial *134*20018#
- Enter your member number.
- Enter your ID number.
- Select your option.
- Confirm your selection.

GEMS Member App

GEMS is continuously making access easier.

Download the GEMS Member App from your app store, register and make your choice for 2025!

